



Rest and Play

Once in a while, Jesus went away to be by himself, to rest and pray and recharge. Sometimes the work followed- crowds would gather even then to seek his healing and his blessing. But Jesus knew he needed the rest, he knew he had to get away, to take some time alone, if he was ever going to be able to give other people the rest and peace and healing they so desperately needed.

Taking a rest is an old spiritual practice straight out of Chapter one of the Bible- the creation narrative. God worked for six days, creating all that is, then took a day to rest and told us to do the same- take a day each week to stop working and rest.

Why?

To recharge. We are made for work, but it is not all that we are. At our house we are reading a book about work, especially about people who devote themselves to mastering a skill. The guidelines used to say that it takes about 10,000 hours of practice to master something you want to do- play the piano, be a baseball player, etc.

But it turns out that the most skilled people, the ones who, for instance, win Nobel prizes in their fields of study, almost always have a hobby, an interest, a fun skill that somehow opens up their creativity in ways they would never have imagined otherwise. In other words, time away from work, used to pursue something of deep interest and enjoyment will make us better at what we do most of the time.

Why rest? *To remember who we are.* We are not God. The world will turn for a day without us. The world can afford to have us go to the shore for a day or take a hike in a park or learn to do origami. Taking a rest is a practice in humility. An easy way to do this involves a brief prayer in the morning after waking up. *"Thank you, God, for this day that you have started while I've been sleeping. Help me to fit into it where you wish me to be."*

I hope you will find rest and play this summer. And I hope you have many moments to thank God for day before you and to ask where you can join in the mission that God has already begun.

Peace be with you.

What's Inside for You?

- Bulletin Board: Community Announcements
- Covid-19 Re-Opening Phase I Plan
- July Activities for All



PASTOR DR. DAVID C. NOBLE
CELL: (248) 229-9720

PASTOR.CENTRALPRESBYTERIAN@GMAIL.COM

Bulletin Board



New Baby

We are pleased to introduce baby Andrew Paul White, born on Tuesday, June 30, 2020, at 7:12 p.m. Andrew measured 7lbs 15oz, 19.5 inches at birth. Many congratulations to parents Tom and Amy White, and big brother Trevor.

July Birthdays

- | | |
|----|------------------------|
| 1 | Lisa Krizner-George |
| 2 | Adelle Buck |
| | Lisbeth Hoyt |
| 4 | Heather Day |
| 5 | Pastor David Noble |
| 6 | Linn Kristine Johansen |
| 7 | Natalie Grace Wilson |
| 10 | Levi Waisanen |
| 23 | Karen Noble |
| 31 | Valerie Spain |



Name Change: Our long-time partners Interfaith Hospitality Network (IHN) have changed their name to Family Promise of Essex County. The change aligns them with their parent organization and many of their 200 sister branches. To learn more, visit their new website at: fpessexnj.org

The Church Triumphant



Remembering Sue Williams

We were notified earlier that Sue Williams had entered into the church triumphant on May 18 of this year. She was a resident in recent years at Green Hill in West Orange. Sue was born in Somerset, PA and raised in New Jersey. She attended the College of New Jersey. Sue was married to Richard (Dick) Williams and after moving around the country for his job they settled down in Montclair for the past 38 years where they were long-time members of Central Presbyterian. Sue loved to talk with friends and even in recent months was always curious about friends at Central whom she remembered fondly. A private memorial service was held on June 2nd and a celebration of her life will be held on a future date. Memorial contributions are requested for Central Presbyterian Church or The Garden Club of Montclair, Inc., 60 S. Fullerton Ave., Montclair, NJ 07042. Our prayers and sympathy continue to be with Jane Redmond, her daughter, and family.

Music on Social Media



Ed Alstrom,
Music Director,
in his home studio

Throughout June, Ed Alstrom hosted live concerts on our church Facebook page. He took requests for Hymns and played them from his home studio, sharing his music with the world through livestream mini-concerts. In July, Ed will continue to host the Thursday at 12:30 pm “music moment” on Facebook, interchanging his live music and our choir music videos. *Thank you, Ed!*

COVID-19 Update

Task Force Appointed for Re-Opening the Church Buildings

Session has appointed a task force to create protocols for re-opening our church buildings. The task force is composed of Scott Osborne, Mark Johansen, Kim O'Hare, Frederick Moulongo and Pastor Noble. They are studying reports by health professionals, state and local governments, and the Presbytery of Newark to determine Phase 1 protocols which include staff and tenant guidelines, cleaning guidelines and how to do worship via Facebook live and other digital means. The Task Force will be developing these plans which will go to Session who will give final determination on all guidelines, including timing for re-opening of the buildings.

Mission in the Community



Collections Continue Throughout the Summer

In response to the continuing need for community support due to Covid-19, the Mission Committee is extending our focused collections for Montclair-based Human Needs Food Pantry through July and August. All gifts mailed to the church office or provided online via our website at CentralPresbyterianChurch.net, will be delivered to the Pantry this summer.

To read more about this important community resource and the impact your gifts are making, please visit:

Humanneedsfoodpantry.org

On behalf of the Mission Committee, thank you all for your generosity.

Stay safe and well.

Peace,

The Mission Committee: Liz Burkland, Chairperson, Ann and Dave Arndt, Cynthia Bennett, John Finney, Larry Stauffer and Pastor David Noble

Faith & Community for Kids

Second Saturdays at Central:



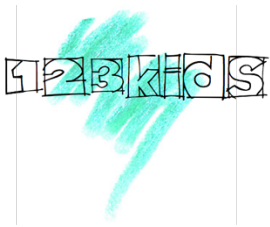
JULY:

A BACKYARD CAMPOUT! Of course, living room forts are also accepted. ☺ We want families to dust off those sleeping bags and tents and plan some fun “camp” activities we’ll be curating and sharing. Take video or pictures and tag us on Instagram. Use the hashtag #centralcampout as well. We’ll post them to our Instagram and Facebook stories on July 18th showing everyone participating! We want this to be community event so jump in! Planned for July 11th, we are moving it to July 18th due to predicted rain.



JUNE RE-CAP:

Thanks to those of you who tuned in to Great Scott! It was so cool to see a great magic show and impressive that we could have audience participation virtually! There were lots of new faces on the call. While Second Saturdays is technically off for the months of July and August, we have a family friendly activity planned for Saturday, July 18th.

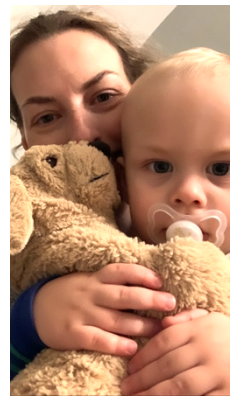


123 Kids Steering Committee met June 14th. The minutes are available upon request. The next meeting is July 19th at 2pm via Zoom. We are beginning to plan for Season 4 of Second Saturdays. If you would like to join the steering committee, please email Lauren Waisanen at lauren@commupward.com.

Connect Montclair:

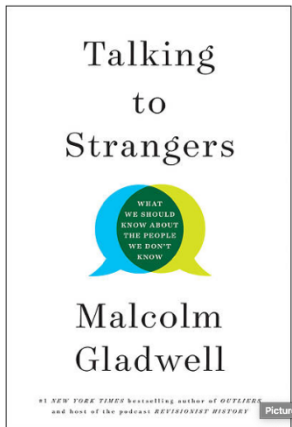
Community Movement Project is on break for the summer.

The Red Cross July blood drive is **July 16th via SIGN UP ONLY**. The ARC will not accept **Walk-Ins**. Call 1-800-RED-CROSS to register. Blood donations are still needed and due to cancelations, the supply is critically low. Central is committed to providing a space and opportunity for blood collection while taking every precaution necessary (along with the added protocols put in place by the Red Cross).



Lauren Waisanen
Community Coordinator
with Levi

Continuing Education & Small Groups



Book Group

"Talking to Strangers" by Malcolm Gladwell

Wednesdays, 7 pm via Zoom

July 8, 15, 22, 29

This summer, Christian Education invites you to continue our conversation on race and equity in a book group on "Talking to Strangers" by Malcolm Gladwell. Gladwell walks the reader through assumptions we make when listening to a stranger. He uses data science and highlights recent cases including Sandra Bland, Bernie Madoff and Jerry Sandusky to lead us through his thinking. Frederick and Morgan Moulongo will co-host this series.

Watch our daily emails for the class Zoom link.



Brief Meditation

Wednesdays, 12:15 pm via Zoom

This small group experience began in June and will continue throughout the summer. The class explores a variety of practices including contemplative prayer, body prayer, and Taize singing. Join Kara Johansen, Karen Noble and Pam Osborne who will lead us through 15-20 minutes each week of learning and experiencing a spiritual practice. We will turn to a new practice every two weeks. We hope that you will take a few moments to find some stillness, while learning practices to carry with you during these challenging days.

Watch our daily emails for the class Zoom link.

Treasurer's Report

For the month of May 2020, Central Church collected \$29,077 in revenue (including transfers from investment funds and interest income of \$9,700) and paid \$39,377 in expenses. Therefore, the church received \$10,300 less in revenue than it paid out in expenses. The money in the checking account decreased again to \$19,950 from \$40,960 at the end of April 2020. Please note that an additional cash amount of \$9,600 was used for the Community Room Improvement Project that does not flow through the income statement. Pledge income was slightly ahead of budget. Money received was \$14,000 less than budget due solely to the decreased Rental and Church Use. May 2020 expenses are about \$3,821 less than the amount budgeted.

The investment account balances are reflective of month-end May 2020 and though are recovering, still reflect the sharp downturn earlier this year.

Submitted by: Linda Bowers FinancialSense Bookkeeping

Cecil Mitchell, Treasurer; Ron Naspo, Assistant Treasurer; Pat Dancy, Assistant Treasurer

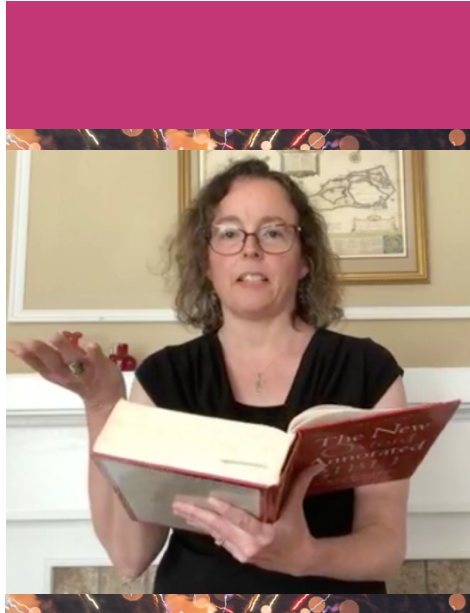
Profit & Loss Budget Performance

May 2020

				May 20	Budget	Jan - May 20	YTD Budget	Annual Budget
Ordinary Income/Expense								
Income								
			4000 · Plate Offerings	757	500	1,632	2,500	6,000
			4060 · Memorials/Steeple Lighting	0	167	100	833	2,000
			4100 · Pledges	14,342	13,083	55,277	65,417	157,000
			4150 · Special Pledges	0	125	0	625	1,500
			4200 · Special Offering	121	375	4,108	1,875	4,500
			4250 · Per Capita Assessment	0	125	0	625	1,500
			4400 · Rental Income	3,619	17,063	56,521	85,317	204,760
			4450 · Church Use	500	1,500	6,690	7,500	18,000
			4600 · Investment & Interest Income	3,238	3,333	24,602	16,667	40,000
			4700 · Miscellaneous Income	0	1,060	200	5,298	12,714
			4800 · Funds Transfers	6,500	5,878	32,500	29,390	70,536
			Total Income	29,077	43,209	181,630	216,047	518,510
			Gross Profit	29,077	43,209	181,630	216,047	518,510
Expense								
			5000 · Salaries, Benefits & Taxes	15,431	17,966	77,793	89,832	215,596
			5010 · Payroll Tax Expense	1,057	1,091	5,358	5,453	13,088
			5020 · Personnel Recruiting	0	42	0	208	500
			5050 · Church Utilities	3,586	3,708	20,837	18,542	44,500
			5060 · Manse Utilities	267	521	2,860	2,604	6,250
			5100 · Buildings Maintenance	11,092	11,945	58,069	59,725	143,340
			5150 · Insurance	6,212	1,917	15,973	9,583	23,000
			5200 · Professional Fees	388	508	3,088	2,542	6,100
			5250 · Church Office	959	983	4,390	4,917	11,800
			5300 · Worship & Arts	0	750	1,189	3,750	9,000
			5350 · Fellowship	0	42	90	208	500
			5400 · Outreach	177	833	1,614	4,167	10,000
			5450 · Per Capita Assessment	0	250	1,781	1,250	3,000
			5500 · Mission	0	833	1,100	4,167	10,000
			5550 · Special Offering Expense	0	375	1,769	1,875	4,500
			5600 · Christian Education	0	600	1,465	3,000	7,200
			5700 · New Begin - Community Outreach	187	833	1,168	4,167	10,000
			Total Expense	39,356	43,197	198,544	215,990	518,374
			Net Ordinary Income	-10,279	12	-16,914	57	136
			Net Income	-10,279	12	-16,914	57	136

JULY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 12:15 PM - 12:30 PM Brief Meditation, Zoom 7:30 PM Personnel Committee meeting, PS	2 12:30 PM Hymn Request LIVE, FB 7:00 PM - 8:00 PM Choir Meeting, Zoom	3 Morgan Out of Office	4 Independence Day
5 10:00 AM WORSHIP, Live Streamed via Facebook 11:00 AM Coffee Hour, Zoom	6	7 7:30 PM Christian Ed. Committee meeting, Zoom	8 12:15 PM - 12:30 PM Brief Meditation, Zoom 7:00 PM Book Group: Talking to Strangers, Zoom	9 SESSION REPORTS DUE 12:30 PM Hymn Time, FB 7:00 PM - 8:00 PM Choir Meeting, Zoom	10	11 3:00 PM Second Saturdays - Backyard Campout
12 10:00 AM WORSHIP, Live Streamed via Facebook 11:00 AM Coffee Hour, Zoom	13	14 7:00 PM Session Meeting, Zoom	15 12:15 PM - 12:30 PM Brief Meditation, Zoom 7:00 PM Book Group: Talking to Strangers, Zoom	16 NEWSLETTER ARTICLES DUE 12:30 PM Hymn Time, FB 1:30 PM - 6:30 PM Red Cross Blood Drive, CR 7:00 PM - 8:00 PM Choir Meeting, Zoom	17	18
19 10:00 AM WORSHIP, Live Streamed via Facebook 11:00 AM Coffee Hour, Zoom	20	21 8:00 PM Worship Committee meeting, Zoom	22 12:15 PM - 12:30 PM Brief Meditation, Zoom 7:00 PM Book Group: Talking to Strangers, Zoom 7:30 PM Deacons meet, Zoom	23 12:30 PM Hymn Time, FB 7:00 PM - 8:00 PM Choir Meeting, Zoom	24	25
26 10:00 AM WORSHIP, Live Streamed via Facebook 11:00 AM Coffee Hour, Zoom	27	28 7:00 PM Intermediate Session Mtng., Zoom 7:30 PM Communication Spiritual Outreach, Zoom 7:30 PM Stewardship & Finance Committee, Zoom	29 12:15 PM - 12:30 PM Brief Meditation, Zoom 7:00 PM Book Group: Talking to Strangers, Zoom	30 12:30 PM Hymn Time, FB 7:00 PM - 8:00 PM Choir Meeting, Zoom	31	1



Thank you to Pam Osborne, Central member, current student of Divinity at Union Theological Seminary, for sharing a sermon with us on Sunday, June 21st. The timely theme highlighted Hagar and her journey, and God's particular commitment to meet us and lift us when we are in despair.



**CENTRAL
PRESBYTERIAN
CHURCH**

46 PARK STREET, MONTCLAIR, NJ 07042
WWW.CentralPresbyterian.net
OFFICE: 973-744-5340
OFFICE.CENTRALPRESBYTERIAN@GMAIL.COM



JULY 2020